

NINA CURTIS
The Nile Institute
‘The Wellness Coach’

Nina Curtis is the founder and president of the Nile Institute, ‘A Source Vital’, located in West Hollywood, California and Curtis Communications.

The Nile Institute is dedicated to offering exceptional wellness services, the finest in quality personal care products and information that is relevant for its clients to make responsible choices about their individual health, wellness, beauty and personal care needs.

Motivating, dynamic, and inspirational all describe Nina Curtis’ interaction with audiences and students during seminars, lectures, workshops, classes and keynote speeches. Ms. Curtis’ enthusiasm and sincere desire to move her audience into action, has captured the attention of many corporations looking for leadership and consulting in the areas of health, wellness and beauty.

Nina Curtis has over twenty-five years of experience in the professional personal care and wellness industry, where she is respected as an innovative holistic skin care specialist, educator, lecturer, writer and businesswoman. Originally licensed as a cosmetologist, Ms. Curtis has obtained certification in Aromatherapy, Reflexology, Manual Lymphatic Drainage (MLD), Acupressure, Energy Modalities, Reiki, and Color Light Therapy. Ms. Curtis has trained throughout the United States, France, Germany, Australia, China, Jamaica and England. She received her Bachelor degree of Science in Management and her MBA from Pepperdine University and is also a graduate of the Lynwood Business Institute. As a Certified Natural Health Professional (CNHP), Certified Health and Wellness Coach, Certified Gourmet Raw Food Chef and Instructor and Certified YogaSkills Kemetec Yoga Teacher (CKYT), Ms. Curtis is a reservoir of information. She provides educational programs, classes and coaching that are necessary to promote balanced living and the preservation of health. Ms. Curtis is currently studying for her Naturopathic Doctor degree (2013).

Through her work with many of the personal care industry leaders, Ms. Curtis has been instrumental in the development and execution of training modules and programs for salons and spas across the country. Ms. Curtis continues to travel internationally to heighten the standards of the professional esthetics and wellness industry.

In 2002 Ms. Curtis received the coveted ‘Distinguished Alumna Award’ from Pepperdine University for her outstanding accomplishments in serving humankind through the humane pursuits of business, for participating in building a stronger university and for her personal character as an example to all of the university’s students, alumni and faculty.

Ms. Curtis has been an advisory board member of the prestigious ‘Spa and Hospitality Management’ program at UC Irvine, California and she has provided valuable real-world insight into the business, management, and leadership skills as an instructor of continuing education Spa and Hospitality Management courses. Her insider’s perspective of the spa profession is of great benefit to the future of the spa and wellness industry.

**The Nile Institute, 9053 Nemo Street (at Sta. Monica & Doheny), West Hollywood, CA 90069
310.275.6453**