

Dr. Clay Forsberg joins Orange County Plastic Surgery



Dr. Forsberg has completed six years of training in Plastic and Reconstructive Surgery at Wake Forest University, and offers the latest techniques in an expansive range of reconstructive and aesthetic procedures. His clinical interests include breast reconstruction following mastectomy; skin cancer reconstruction and excision; reconstruction of other congenital, oncologic, and traumatic defects; as well as the full breadth of cosmetic surgery including facelift, browlift, eyelid rejuvenation, breast augmentation/reduction/lift, and body contouring.

A native of the southwest, Dr. Forsberg was born and raised in the desert of Phoenix, Arizona. While working to support himself through college, he remained an academic scholar at Arizona State University, where he graduated *summa cum laude* and first in his class of Bioengineering. There, he was the recipient of multiple awards and scholarships. Dr. Forsberg then became the first doctor in his family, graduating from the University of Rochester School of Medicine & Dentistry in New York.

While training in plastic surgery in North Carolina, Dr. Forsberg developed an enthusiasm for medical mission work. He served with his wife, Mary (who was born on the mission field in Africa), and her parents at the *Hospital Baptiste Biblique* in Togo, West Africa. There he operated with Mary, a nurse, and her father, an ear, nose and throat surgeon on medical conditions ranging from congenital anomalies to emergency C-sections and typhoid bowel perforations. Additionally, Dr. Forsberg has performed pediatric burn reconstruction on two visits to Cochabamba, Bolivia.

Dr. Forsberg has authored and presented multiple scientific papers in the field of Plastic & Reconstructive Surgery to international, national, local and regional audiences. He was the recipient of the Georgiade Award for best resident paper in Plastic Surgery.

In his free time, Dr. Forsberg enjoys spending time with family and friends, traveling with his wife, Mary, and being in the outdoors hiking, snowboarding, and wakeboarding.

If you'd like to meet Dr. Forsberg or if you have any other questions, please contact the office at **949-888-9700**.